



# H31200X

## LiteFit Full Body Harness

### FEATURES

- Built in Relief Handles assist user to reach a gravity override seated position after a fall arrest
- 5-point adjustments for optimal fit
- Sliding back D-ring for adjustability
- Multiple load indicators make inspection easier
- Meets requirements of ANSI Z359.11

# LITEFIT™

## SAFETY HARNESS



### SPECIFICATIONS

Model No.	Size	D-Rings	D-Ring Material	Chest Connection	Leg Connection	Capacity	Approx. Weight	Compliance Standards
H312001	Small	Back	Steel	Pass Through	Tongue Buckle	400 lbs (181 kg)	3.3 lbs (1.5 kg)	ANSI Z359.11 OSHA 29 CFR 1910 & 1926
H312002	Medium/Large	Back	Steel	Pass Through	Tongue Buckle	400 lbs (181 kg)	3.3 lbs (1.5 kg)	ANSI Z359.11 OSHA 29 CFR 1910 & 1926
H312004	X-Large	Back	Steel	Pass Through	Tongue Buckle	400 lbs (181 kg)	3.4 lbs (1.5 kg)	ANSI Z359.11 OSHA 29 CFR 1910 & 1926
H312005	XX-Large	Back	Steel	Pass Through	Tongue Buckle	400 lbs (181 kg)	3.4 lbs (1.5 kg)	ANSI Z359.11 OSHA 29 CFR 1910 & 1926

**⚠ WARNING:** Compliant fall protection equipment must only be used as it was designed. Users MUST read and understand all user instructions provided with the product. Before using a fall arrest system, users must be trained in the safe use of the system, as required by OSHA 29 CFR 1910.30 and 1926.503, or local safety regulations. Misuse or failure to follow these warnings and instructions may result in injury or even death.

WORK SAFE! WORK SMART!

# Technical Data Sheet